

## **CHILDREN AND FAMILIES IN AREAS AT-RISK FOR TORNADOES**

### **Helpful Information for Parents and Caregivers**

#### ***What We Know:***

- Giving children factual information about tornadoes in simple terms can counter incorrect beliefs and decrease anxiety
- Being prepared can help avoid or lessen the negative effects of natural disasters
- Having a specific job or role to play in a disaster helps alleviate later emotional difficulties

<b>What Helps</b>	<b>Examples of Materials</b>	<b>Availability</b>
Facts About Tornadoes	Billy & Maria Learn About Tornado Safety Coloring Book – Part 1	<a href="http://www.nssl.noaa.gov/edu/bm/bm_main.html">http://www.nssl.noaa.gov/edu/bm/bm_main.html</a>
	Tornado: what to do in a tornado watch, in a tornado warning	<a href="http://www.redcross.org/services/disaster/keepsafe/readytornado.html">http://www.redcross.org/services/disaster/keepsafe/readytornado.html</a>
Being Prepared	Billy & Maria Learn About Tornado Safety Coloring Book – Part 2 & 3	<a href="http://www.nssl.noaa.gov/edu/bm/bm_main.html">http://www.nssl.noaa.gov/edu/bm/bm_main.html</a>
	Family Readiness Kit -American Academy of Pediatrics	<a href="http://www.aap.org/family/frk/frkit.htm">www.aap.org/family/frk/frkit.htm</a>
Having a Family Safety Plan	Tornado: family safety plan, disaster supplies kit, after a tornado passes	<a href="http://www.redcross.org/services/disaster/keepsafe/readytornado.html">http://www.redcross.org/services/disaster/keepsafe/readytornado.html</a>
	Family Preparedness: Thinking Ahead - NCTSN	<a href="http://www.nctsnet.org/nctsn_assets/pdfs/edu_materials/9-11%20Card%20Material%20-%20NRC-sw.pdf">http://www.nctsnet.org/nctsn_assets/pdfs/edu_materials/9-11%20Card%20Material%20-%20NRC-sw.pdf</a>